



The Bridge Clinic

HEALTH ASSESSMENT

Is it time you treated yourself to a medical MOT?

It is said that prevention is better than a cure and in terms of our good health this is often true. In most cases the early diagnosis of an illness leads to increased success of management or treatment of the problem.

As such many individuals are now deciding to have a full health assessment. It may be an opportunity for you to discuss any minor concerns that have been worrying you; it may be an opportunity to seek peace of mind and/or advice on preventative measures, or it can provide the opportunity for a second opinion regarding a particular concern.

At the health assessment

Prior to your appointment you will be asked to complete a comprehensive health questionnaire. This will help focus your attention on any aspects of your health that you would like to discuss with your screening physician. It also provides them with a thorough picture of both your current health and your previous medical history.

On arrival your designated nurse will greet you and undertake a number of preliminary tests prior to your consultation with the doctor. You will spend up to one hour with your doctor who will go through your comprehensive health questionnaire with you, discussing any areas of particular concern. Your doctor will review the findings of the tests carried out by the nurse and will also undertake a thorough examination.

Following your appointment your screening physician will review all of your test results and complete their report. This will include details of all of their findings, a complete set of your results and any suggestions of how you may improve your general health. Your report will usually be sent to you within two weeks of your attendance.

Should there be any particular areas of concern, your screening physician will telephone you to discuss these and suggest appropriate action, such as onward referral to a specialist consultant.

What is included in the assessment?

- Resting blood pressure and resting ECG
- Lung function test
- Height, weight and body mass index
- Urinalysis
- Blood tests – biochemistry and haematology profile
- Consultation and examination with screening physician.
- Additional tests can be discussed with your screening doctor and costs will be advised

About the Bridge Clinic

The Bridge Clinic is an independent outpatient facility in Maidenhead. It is easily accessible and plenty of parking is available. The clinic has over 50 visiting Consultants in all specialties and also provides full radiology and pathology services. Following your health assessment, should onward referral be required this can be arranged for you at the clinic if you so wish.

Fees

The cost of the Bridge Clinic Health Assessment is £199.00
Additional tests can be quoted for you on request.

Contact us now to book your medical MOT

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